

# RECERTIFICATION HOURS AND ACTIVITIES BY CATEGORY

For INELDA Doula Recertification, a total of 36 hours of end-of-life care-related activities are required over the three-year certification period. These activities fall into four categories; Receiving Education, Providing Education, Contributing to the Field, and Direct Service. Please see the information below for examples and hour requirements for each category.

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## **Receiving Education** | End-of-life doula training, or training that supports EOL care

*Minimum of 12 hours, No maximum*

- Conferences
  - Webinars
  - Symposiums
  - Seminars
  - Online learning
  - Self-study courses that award CEUs/CEs
  - Academic courses
  - Workshops
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## **Providing Education**

*No minimum, Maximum of 9 hours*

- Teaching academic courses
  - Leading workshops and webinars
  - Providing education in the community via workshops, webinars and/or death cafes
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## **Contributing to the Field**

*No minimum, Maximum of 9 hours*

- Publishing an article in a professional journal
  - Writing a chapter in a published book or published article in a journal
  - Publishing a book for professional (using a publisher or self-published)
  - Publishing a book for the public (using a publisher or self-published)
  - Completing a thesis or dissertation
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## **Direct Service** | Paid or unpaid hours providing direct service

*Minimum of 12 hours, No maximum*

- Volunteering for a hospice or another EOL care program such as *No One Dies Alone*
- Direct doula service